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Friday, Apr 16, 2004

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Burning Question

Let's say the reality TV gods have picked you for an all-expenses-paid makeover. Which category would you want?

- One plastic surgery procedure
- A redecorated living room and kitchen
- A complete spring/summer wardrobe

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Get down to truth on sexual diseases

Sometimes it's important to know about one another's sexual history:

- It's critical to discuss whether you, or your partner, has a sexually transmitted disease.
- Knowledge of a potential partner's past can help one discern whether he or she is interested in -- or capable of -- monogamy.

Use discretion about revealing details, however. Make sure you understand how such information will be received.

At other times, it's best to keep quiet:

- Don't talk about the past in the heat of passion, anger or otherwise.
- Don't seek out past sexual histories if you are insecure or jealous.
- Don't dig for details, or reveal sexual secrets, as a way to hurt the other person.

Source: Marc Rudov, Rachel Greenwald

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