

# Mean Affect by Situation

	Mean Affect Rating					Mean hours /day	Proportion of sample reporting
	Positive	Negative	Competent	Impatient	Tired		
<b><u>Activities</u></b>							
intimate relations	5.10	.36	4.57	.74	3.09	.2	.11
socializing	4.59	.57	4.32	1.20	2.33	2.3	.65
relaxing	4.42	.51	4.05	.84	3.44	2.2	.77
pray/worship/meditate	4.35	.59	4.45	1.04	2.95	.4	.23
eating	4.34	.59	4.12	.95	2.55	2.2	.94
exercising	4.31	.50	4.26	1.58	2.42	.2	.16
watching TV	4.19	.58	3.95	1.02	3.54	2.2	.75
shopping	3.95	.74	4.26	2.08	2.66	.4	.30
preparing food	3.93	.69	4.20	1.54	3.11	1.1	.62
on the phone	3.92	.85	4.35	1.92	2.92	2.5	.61
napping	3.87	.60	3.26	.91	4.30	.9	.43
taking care of my children	3.86	.91	4.19	1.95	3.56	1.1	.36
computer/email/internet	3.81	.80	4.57	1.93	2.62	1.9	.47
housework	3.73	.77	4.23	2.11	3.40	1.1	.49
working	3.62	.97	4.45	2.70	2.42	6.9	1.00
commuting	3.45	.89	4.09	2.60	2.75	1.6	.87
<b><u>Interaction Partners</u></b>							
w/ friends	4.36	.67	4.37	1.61	2.59	2.6	.65
w/ relatives	4.17	.80	4.17	1.70	3.06	1.0	.38
w/ spouse/SO	4.11	.79	4.10	1.53	3.46	2.7	.62
w/ children	4.04	.75	4.13	1.65	3.40	2.3	.53
w/ clients/customers	3.79	.95	4.65	2.59	2.33	4.5	.74
w/ co-workers	3.76	.92	4.43	2.44	2.35	5.7	.93
w/ boss	3.52	1.09	4.48	2.82	2.44	2.4	.52
alone	3.41	.69	3.76	1.73	3.12	3.4	.90
Duration-Weighted Mean	3.89	.84	4.31	2.09	2.90		
% time > 0	97%	66%	90%	59%	76%		

**Source:** *A Survey Method for Characterizing Daily Life Experience: The Day Reconstruction Method (DRM)* by Kahneman, D. (Princeton), Krueger, A. B. (Princeton), Schkade, D. (UCSD), Schwarz, N. (U of Michigan), & Stone, A. A. (Stony Brook University).

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